

## Juan Magaña S.

CalAgrAbility met Juan Magaña while doing outreach work with Migrant Education in the California Delta. Mr. Magaña is a migrant seasonal farm worker and has been a great client to work with from the very start. He was extremely proactive in reporting back to CalAgrAbility and ensured that we continued to follow up with him. Juan approached CalAgrAbility staff and jokingly stated that he “had everything,” referring to chronic illnesses.



Our staff worked to schedule a LensCrafters One Sight appointment for Juan so that he could have proper eyeglasses. During the appointment, the optometrist stated that Juan’s eyes showed signs of glaucoma, thus annual check-ups would be important and necessary. He was also referred to a specialist. After the appointment was completed, Juan received various reading materials about exercise, diabetes, and arthritis. These materials were aimed to help Juan understand the small changes he can make to his daily life to help him lower his high blood pressure, control his diabetes, and prevent future injuries.